

THE HIGH WAY HOME?

Driving can be hard — especially if you mix cannabis and alcohol.

Cannabis and alcohol can impair basic functions necessary for safe driving.

- **Divided attention.** Changing the radio station and maintaining speed might be more difficult than usual.
- **Concentration.** You might be more easily distracted.
- **Decision making.** It might take you longer to decide how to handle sudden changes, such as a changing traffic light, needing to use the brakes or reading signs.
- **Reaction time.** You could find it more difficult to react to unexpected events like a pedestrian or animal darting out on the roadway.
- **Perception of time and space.** You might have difficulty staying in your own lane, obeying the speed limit and maintaining distance from other drivers.
- **Manoeuvring.** You might have trouble passing other vehicles safely.

Road Trip Tip #2: While alcohol and cannabis can make you feel different, both can affect your ability to drive a vehicle safely. That's why it's always important to remember that impaired is impaired, regardless of the drug. It's safer if you're sober.